

**Sussex Area PI subcommittee meeting
Chairpersons summary
to Area 10/10/2017**

Langford Centre, Bexhill.

Since giving a presentation to substance misuse team on 17th August, and having reached agreement. We now have a regular weekly NA meeting within this facility. These started on Monday 4th September and are now ongoing. Yesterday 11th went very well. We will be there again on the 18th, then due to some of us being away for the following Monday the 25th, the team at Langford have agreed to us taking the meeting into the facility during that week on Friday 29th.

Feedback from those attending the meetings has been very good. Feedback from staff has also been extremely positive. They feel we are a real asset to their group of patients.

There is a minor security process which we need to follow when attending Langford. Anyone going in to take the meeting, secretary and/or sharer will need photo id each time. From next week, the literature for the meeting can be left on site.

This meeting continues each Monday (currently) 2pm-3pm. Numbers attending ebbs and flows, this week it was a full house, many of the regulars are embracing what NA has to offer. Some are even getting out to the Wednesday evening Hastings meeting as and when an escort is available. Great service, need shares.

Pavilions, Brighton

I gave a short presentation to Debbie Piper at Pavilions on the 6th September. We have been given her permission to bring a weekly open NA meeting into Pavilions starting the first Friday in October (6th), exact timing tba. We can also have someone from NA seated in the lobby prior to each meeting as greeter/newcomer rep.

This meeting will put up on Pavilions webpage.

It will go on to Sussex and UK websites very soon.

The meeting is on both websites: Meeting time 1:30pm – 3pm (we can have reps and greeters in the lobby from 1pm)

PI have also been formally invited to attend the **Pavilions Team meeting 14th November** to give a full presentation to all their staff.

This presentation to the staff and volunteers will start at 10am. Tuesday 14th November. Who would like to take part?

CGL, Crawley

Having also given a short presentation to the manager at CGL in Crawley on 2nd September. PI were invited to bring a regular open NA meeting using their premises.

This started from last Saturday 9nd September 10am – 11:30am, next meeting is on the 16th. **Due to a few members being away for that Saturday 23rd, can anyone please commit to taking this meeting for that morning?** (literature is on the premises) see me for info.

Managed to get cover for the meeting on 23rd September. This meeting is coming together, attracting many newcomers and those with clean-time. It now has its own secretary, literature rep, and male greeter. Vacant positions for GSR and Treasurer, female greeter, tea person.

This meeting is on Sussex website, I will put on to UKNA later this week.

Meeting listed on both websites now.

Worthing

There is a new meeting starting in Worthing on Monday evenings. Starting 9th October 17.

Monday 7:30pm Worthing: Christchurch, Portland Rd, Worthing BN11 1QG

Full details will be posted on websites.

First meeting was last night. Very well attended. Long awaited.

Thanks to Annette and others for helping to get this meeting up and running.

Stonepillow Bognor..... Sands

I will be talking about NA to those in an abstinence rehab in Bognor this Friday coming 10am. I'll take some newcomer packs along too. **Went along and shared about NA to the clients. Could be worthwhile to see if we could get a regular spot here?**

Conquest Hospital Hastings:

Substance misuse team have been in contact, we are exchanging emails at this moment. ONGOING.

This contact has stalled at present. Should we send them some posters/leaflets along with a letter, formally proposing that we come and give a presentation?

Stonepillow Hub, Chichester:

We have planned to get ourselves involved here at the beginning of October, close to week beginning 2nd. I will give this my close attention over the next week, and finalise with them, what our plans are. Keep you all informed.

Myself and Natalie S went along last Wednesday 4th October, Hub itself was not very busy but contact was made between us and the clients. Following this up again this Wednesday too.

We also spoke to a team leader (Kirsty Brand) for 8 supported housing units linked to Stonepillow, she asked if we would be happy to talk to residents whenever they have their monthly "house meetings". Agreed to ask what this committee thinks. Gave 8 Helpline posters.

Dr Sarah Flowers

We have been contacted, and asked if we can repeat some presentations (given last year) to medical students. We exchanged emails:

It's on the morning of 31st October, Chowen lecture theatre, medical school, University of Sussex, Falmer campus and as many members as you can comfortably organise. Please let me know if anyone requires a car parking permit

Best

Sarah

If we could get 4 of us up there 2 Women 2 Men it would be cool.

I will contact her later this week to get all the info we need.

Emerging Futures:

We have been asked if we want to have a stall at their Asset Based Community Development Day. This is on Wednesday 8th November between 11am – 3pm at The Kings Church centre in Burgess Hill. This involves talking/networking as well as giving a 10-minute presentation.

If we are happy with this I can ask UKPI if they have a portable pop-up stand we can use.

(CGL Crawley are also trying to arrange something similar to this in the near future)

A Members input

sarah.randall@westsussex.gov.uk

That is a manager at Littlehampton children's centres about displaying public info for NA. There are loads of children's centres usually in deprived areas all over West Sussex accessed by all sorts of people ... Women's groups, social services etc...

linda@safeinsussex.org.uk

For a pi presentation, they also now have a new Amber house in Littlehampton that has a drop-in centre, I have dropped them a couple of posters and some cards for it as I was there for work.

Recovery lighthouse (rehab) near new NA Worthing meeting.

Spoke to staff who get residents to go to fellowship meetings in the evenings ... they were not aware of treatment centres use of green and gold. They are 12 steps.

Staff currently take them to two AA and two CA a week but would be interested in taking them to NA as it is very local too. Also, a pi presentation may be of interest. **Good opportunities here.**

Literature:

We still have a healthy stock of the NA Books.

Short of leaflets and posters are getting low. We need to place an order and get stocked up again.

The NA "Presentation Packs" are being asked for, some meetings want to use them as newcomer packs.

What do we feel about that?

Meetings Lists: *There are several meetings that will need to be added to the printed editions next month.*

All the new meetings are on the websites

The PI committee propose the creation of a Local Services Committee. (This is not new, other areas have developed this approach to good effect)

It Works, How and Why: Tradition 2

"Any group, board, or committee can become bogged down in disagreement or side tracked by seemingly insurmountable problems. In these situations, it's important to focus our attention on the principles of the program and the solutions they point toward, not on our problems.....Groups may change trusted servants, meeting format, or location, depending on their resources and their needs; service committees may expand their subcommittees, reach out into new territories, or combine their efforts with other committees."

Purpose:

To combine the joint efforts of PI/H&I into a single entity, LSC. Providing consistent services for those that need an opportunity to experience NA in their lives.

Elected members and volunteers of this committee would be able to do service dealing with the Public and Professionals as well as taking our message into Hospitals, rehabs, refuges, locked wards, and wherever possible into Prisons. Helping to remove gaps in service caused when one or other of these committees have folded in the past.

Benefits:

One interactive committee: Single point of accountability: Lower committee venue costs: Single pool of literature: More effective means to achieve our fellowships one primary purpose: To Carry the Message to The Addict who still suffers.

Financial implications:

More effective use of NA funds.

Are we all comfortable and clear with the above proposal?

Expenses:

Chairpersons request for re-imbursement of out of pocket expenses

1 round trip to Sands Bognor, fuel.	£7.50
1 round trip Chichester Hub, fuel.	£7.50
4 round trips Bexhill, Langford Centre, fuel.	£30.00
4 x 7litre plastic containers for literature.	£20.00p
1 at Bexhill, 1 at Chichester, 1 at Pavilions, 1 still spare	Total: £65.50

Our next meeting: Formal

Informal??

7pm 14th November 2017

Friends Meeting House

Ship Street

Brighton