# Sussex Area Local Services Committee Chairpersons report to ASC 15/11/2017

### Langford Centre, Bexhill.

This is now established as a regular weekly H&I meeting within this facility. Attendees and Staff remain extremely positive. These meetings continue to be held on Mondays 2pm-3pm. Numbers attending ebbs and flows, the last 2 weeks though there has been a full house, most of the regulars are embracing what NA has to offer.

Some of the patients will have entitlement to Christmas "leave", we will be handing them UK Where to Finds to take with them, hopefully they will get to meeting.

### Great service, need shares.

There is a minor security process which we need to follow when attending Langford. Anyone going in to take the meeting, secretary and/or sharer will need photo id each time.

Clinical staff and management are also looking for an NA meeting on site for female patients to attend. They will keep us informed of planned time scale for this................. This meeting would need to be taken by a female NA secretary and sharer. So as soon as we know, we will let you know.

This proposal is gathering momentum. Plan are well under way to open a female de-tox ward. One other option being worked on is holding a gender inclusive meeting. That will be a decision for Langford to make.

### Pavilions, Brighton

The open NA meeting running at Pavilions, Richmond House, Richmond Road, Brighton. **Meeting time 1:30pm – 3pm.** It now has a full committee. Attendance looks to growing.

This meeting is listed on both the Sussex and UKNA websites. It will go on to Sussex printed meeting lists as of the next re-print.

### Pavilions Team meeting, 10am, 14th November

Earlier today I gave a 30minute presentation to all their staff. I believe it was well received.

I asked if we could perhaps get another NA meeting going at Pavilions. We will be looking at what can be done.

### **CGL, Crawley**

New NA meeting: 10am – 11:30am, Centenary House, Woodfield Rd, Crawley, RH10 8GN. (rear entrance, ground floor, within CGL facility, Room 8) DA / free parking? Ask for code.

This meeting has been up and running since Saturday 9th September. This meeting now has a full committee.

Meeting is coming together very nicely, attracting many newcomers and those with clean-time.

This meeting is listed on both the Sussex and UKNA websites. It will go on to Sussex printed meeting lists as of the next re-print.

### Worthing

There is a new meeting. Started 9th October 17

Worthing: Monday 7:30pm Christ Church, Portland Rd, Worthing BN11 1QG

This meeting is listed on both the Sussex and UKNA websites. It will go on to Sussex printed meeting lists as of the next re-print.

Meeting has a full committee already.....hoorah!!!!

**Stonepillow:** Run 8 supported houses. Two months ago, we were asked to do presentations at monthly house meetings. 2 houses have said yes to dates: 8/01/2018, 2pm, Littlehampton; 1/02/2018, 2pm, Bognor.

### Stonepillow Hub, Chichester:

Myself and Natalie S have been going along to this meeting since 4<sup>th</sup> October. Since then our attendance at Stonepillow has been on Thursdays. The Hub itself is not very busy but regular contact continues to be made between us and the clients. We also run an NA meeting for 1hour between 1:15 -2:15pm.

These premises are available for anyone to set up a regular NA meeting.

### **Royal Sussex County Hospital**

**Conquest Hospital Hastings:** 

The meeting scheduled for 7<sup>th</sup> November '17 at the Audrey Emerton Building, Royal Sussex County Hospital has been postponed and is now set for 21<sup>st</sup> November '17. 2pm A successful outcome from this meeting would result in NA having a meeting in the Hospital.

Substance misuse team have been in contact, we are exchanging emails at this moment. ONGOING.

### **Dr Sarah Flowers**

5 NA members went to Sussex University to present to **Medical Students** on 31<sup>st</sup> October 2017. Thanks to Camilla, Hayley, Peter and Kat for accompanying me on the day and contributing to its success.

### **Emerging Futures:**

Natalie S and myself attended their Asset Based Community Development Day.

### Wednesday 8th November between 11am - 3pm at The Kings Church centre in Burgess Hill

This involved talking/networking as well as giving a 10-minute presentation.

It was a good day. We learnt about other organisations that we can possibly co-operate with.

### Elysium (used to be the Priory):

We have been taking H&I meetings back into Elysium since 22<sup>nd</sup> September. Shawn T and Tim C, are the two alternate secretaries.

If anyone can do a short 15minute share please get in touch with either Shawn or Tim. They will meet you at 6:15pm in the lobby, then set the meeting up to start for 6:30, meeting ends at 7:30pm.

**Lewes Prison:** Had been earlier decided to try getting in differently. Via other services already working within Lewes Prison. Due to taking this approach, someone kindly took 2 Basic Texts into the prison for us.

We have had some surprising feedback as a result.

It turns out that 2 NA meetings, run by the inmates themselves, are happening inside already.

Steve has asked for a little more information:

When and Where these meetings are held?

How long they've been running? And, that if they ever need any literature, for them to let us know.

**Ford Prison:** We are waiting for a response from service providers within Ford to get back to us. Unofficially, we have a very good chance of holding NA meetings there. We will keep you informed. If this does get underway we will be asking members to apply for prison clearance/vetting.

**William Collier House** have asked if we can come in and do anything. Homelessness discussion. Want to get more proactive. Contacts considered including St. Mungo's.

### Literature:

We still have a healthy stock of the NA Books. (Basic Texts, JFT's, Living Clean, Guiding Principles). It would be useful to have a small stock of **Step Working Guides**. We need another H&I manual too.

### **Bone Phones:**

Going to get two.

**Meetings Lists**: There are several meetings that need to be added to the printed editions. These will be printed in the next five to ten days. We will try to distribute these to as many meetings as we can. They will be available at next ASC too.

All the new meetings are on the websites.

Please contact us of any other changes to meetings so the websites can be updated.

**Learning Day**: Thinking of holding another learning day which could be held in conjunction with an F&E event, could include reps from UKPI & UKH&I, could include workshops and panels - focused on raising awareness of what local services subcommittee does and the service opportunities available for the broader NA fellowship in Sussex. **This would be held in 2018**.

Brief discussion of what message subcommittee can announce at meetings: People needed to do Chairs at Bexhill, Stonepillow in Chichester, and women particularly at Elysium in Hove. WE ask GSRs to do the same please.

We are starting up The Grateful Heads WhatsApp group, as a communication tool for this subcommittee related communications only.

If anyone would like to do service, contact us.

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## Opening Balance as of 18<sup>th</sup> October 2017: £250.00 + £150.00 (H&I) = £400.00 plus £14.82 tea money Expenses paid:

Chairperson requests re-imbursement of out of pocket expenses from 11/10/2017 – 14/11/17

5 round trips Chichester Hub, fuel.	£37.50
5 round trips Bexhill, Langford Centre, fuel.	£37.50
Printer ink	£19.99
Parking	£ 6.00
Printer paper	£ 5.00

Total: <u>£ 105.99</u>

Closing Balance: £400.00 - £106.00 = £294.00

Request for funds from Area: £106.00

Our next meeting: Formal 7pm 12<sup>th</sup> December 2017 Friends Meeting House Ship Street Brighton

Rent for the above is now a little overdue. Can we ask Area treasury to pay this via BACS? £57.00. Period covered 10/10/2017 14/11/2017 and 12/12/2017

Thanks for allowing us all to be of service.