Sussex Area Narcotics Anonymous



Local Service Committee Meeting

Tuesday 7th March 2023 6pm

Zoom Id - 832 7042 4390 password - 096 544

Hove Park School Nevill Campus Nevill Road Hove BN3 7BN

John LSC Chair welcomed us to the meeting.

Moment of Silence to remember the still suffering addict both inside and outside the rooms.

Kat read the 12 Concepts.

In attendance: - John B - LSC Chair

Emma-Jane - LSC Minutes Secretary / Panel Leader Lighthouse

Chris - Panel Leader Recovery Project

T - Panel Leader Recovery Project

Rose - Panel Leader Bowerman House

Jesse - Visitor - shadowing Panel Leader Bowerman House

Aaron - Panel Leader Daubeny House

Mark - Visitor

Kat - Visitor

Apologies: - Brian - Panel Leader Lighthouse

John - Zoom Tech Support

Approval of last Minutes

Minutes approved.

Positions Vacant

Vice-Chair - 2 years clean time

Treasurer - 3 years clean time

Vice-Treasurer - 2 years clean time

Vice-Minutes Secretary - 1 year clean time

Literature Secretary - 2 years clean time

Vice-Literature Secretary - 1 year clean time

PI Liaison Officer and Co-Ordinator - 2 years clean time

Poster Co-ordinator - 1 year clean time

Panel Leader HMP Ford - 2 years clean time

Panel Leader HMP Lewes - 2 years clean time

Panel Leader CGL Richmond House - 2 years clean time

Panel Leader CGL Richmond House - 2 years clean time

Nominations

John Zoom Tech Support has handed in his service position with apologies.

Kat put herself forward for Literature Secretary, was seconded, gave her CV and was voted in unanimously.

It was discussed whether Jesse needed to be voted into the position of shadowing Panel Leader Bowerman House, it was decided that this does not need to be voted in as she is ongoing shadowing to gain experience until she decides to put herself forward for a formal position at LSC.

Mark put himself forward for Poster Co-Ordinator, was seconded by John, gave CV and was voted in unanimously.

John LSC Chair will be handing in his position when it is up on 5^{th} September 2023.

Treasurers opening Balance £270.90 (£200.00 RF ASC) £10.00 tea balance

Recovery Project

Recovery Project is going well. Chris and T attend alternate weeks. Good attendance. Need a Basic Text, Green and Gold, a set of reading cards for the meeting. This will be requested from ASC on Wednesday 15^{th} March 2023.

Daubany House

Having trouble gaining entry to Daubeny house to hold the meetings as it is not staffed in the evenings so it is down to the clients to let them in. The manager of Daubeny House who approached the LSC to start up the meeting attended Daubeny House in their own time to let them in and knocked on the clients' doors to get them to attend the meeting two weeks ago. Due to the low attendance along with

Aaron, a chair and another NA member are attending to make sure it is not a waste of time for the share to attend.

Bowerman House

It's been going really well but the last week the door was not answered so were not able to gain entry to hold the meeting. Will email the manager of Bowerman House to remind them of the meeting and the need for entry and maybe suggest that a resident is given the responsibility of giving access for the meetings even if they do not attend them meeting. Jesse is gaining lots of experience from shadowing Rose in this commitment.

The Lighthouse

Continues to be active and inviting with average 10-12 attendees. Still no white and orange keyrings despite weekly reminding. They do not appear keen for returning to face-to-face. Emma-Jane will be starting on the 14th March 2023 doing fortnightly meetings, has chair for both 14th and 28th March already confirmed.

Need to check with Brian as he has held the position for a few years.

HMP Ford

Currently not going in due to vetting process.

HMP Lewes

Currently not going in due to vetting process.

Treasurers Report

No Treasurer in post.

Presentation Liaison and Co-Ordination

No Presentation Liaison and Co-Ordinator in post.

Literature

Kat will contact Wayne and Steve L to arrange collection of all the LSC Literature, including the banners etc and will go to ASC to stock up.

Poster Co-Ordination

Mark will arrange the creation and printing of some posters for Sussex NA and distribute them around the area and will keep a record of where he has requested posters to be put up and if they accept or decline.

AOB

Recovery Fair, Worthing - There were multiple 12-step fellowships in attendance along with NA. A lot of people attended, a lot of professionals as well as a member of Parliament. All the fellowships had set up a lot of different tables. They had an AA meeting up on stage complete with chair, to show what happens at a 12-step meeting. After the presentations Mark and Steve answered any questions posed to

them. A lot of NA members turned up from the Worthing area. At the end of the fair, it was all about encouraging them to encourage their clients to attend 12-step fellowships.

We have an LSC email address and someone from Hampshire PI has contacted us via email about doing Chairs in Portsmouth, Southampton and Winchester Universities. Chichester University has declined as although it is closer to Hampshire than Brighton, it is classed as being in the East Sussex area, so are waiting to hear back if we can take a Chair into Chichester University.

Need to contact Neil to get the log in details and password to the LSC email address for a handover when John finishes his LSC Chair service position.

LSC decided NA will not be part of a multi-fellowship poster campaign as requested by the Recovery Fair, Worthing as we are not affiliated with any other outside organisations and being part of a multi-fellowship poster campaign would be affiliation, will contact the organisers of the Recovery Fair, Worthing to let them know this but make NA posters available to them to use.

Rose will look into getting back into The Royal Sussex Hospital and Worthing Hospital for ward rounds, will contact CGL to see if they have hospital contacts that they are willing to share as this is how LSC was able to arrange ward rounds previously.

LSC only deal with setting up restricted access meetings for attendance of the residents only, such as Prisons, Rehabs, Hospitals and Institutions. Any member of NA can set up a regular meeting, even in a hospital setting. Rose and Jesse will look into setting up a weekend meeting in Worthing Hospital.

John will be chasing up contact from Millview to try and get a H&I meeting in there.

T and Kat will be attending the joint PI presentation to Pharmacists with Surrey area. Sussex LSC previously decided to not attend this presentation as they were asking for money to attend the event but have now decided to not charge for attendance so LSC decided at the last committee meeting to attend with Surrey area PI.

T will request flyers at ASC to restock Probation Office.

Request for funds

£.0.95 for milk

Treasurers closing Balance £270.90

(£200.00 RF ASC)

£9.05 tea balance

No request for funds from ASC this month.

Business for next month's LSC

T and Kat's PI presentation with Surrey area report.

Positions Vacant at close of meeting

Chair (from September 2023) - 3 years clean time

Vice-Chair - 2 years clean time

Treasurer - 3 years clean time

Vice-Treasurer - 2 years clean time

Vice-Minutes Secretary - 1 year clean time

Vice-Literature Secretary - 1 year clean time

PI Liaison Officer and Co-Ordinator - 2 years clean time

Panel Leader HMP Ford - 2 years clean time

Panel Leader HMP Lewes - 2 years clean time

Panel Leader CGL Richmond House - 2 years clean time

Panel Leader CGL Richmond House - 2 years clean time

Zoom Tech Support

Next LSC committee meeting Tuesday 4^{th} April 2023 6pm at Hove Park School, Nevill Campus, Nevill Rd, Hove, BN3 7BN. Ample parking on site. Go up driveway and bear to the right and round the back of the building to access parking. Zoom Id - 832 7042 4390 password - 096 544

John thanked everyone for attending.

Jesse led us out in the We version of the Serenity Prayer.