Sussex Area Narcotics Anonymous



Local Service Committee Meeting Tuesday 9th January 2023 6pm Zoom Id - 832 7042 4390 password – 096 544 Hove Park School Nevill Campus, Nevill Road Hove BN3 7BN

Steve L, LSC Chair welcomed us to the meeting.

Moment of Silence to remember the still suffering addict both inside and outside the rooms.

We asked that the 12 Concepts be read out.

In attendance: - Steve L – LSC Chair

Steve P - LSC Vice-Chair

Mark – LSC Treasurer / Poster Co-Ordinator Rose – Panel Leader Bowerman House Anna – LSC Vice-Minutes Secretary Louise – LSC Vice-Literature Secretary

Brian - Panel Leader Lighthouse

Jill – Tea Person

Liv – Panel Leader Recovery Project

Visitors: - Conor – LSC Group Rep Crawley

Rob – Zoom Tech Stand-In

Peter- Visitor Tyler- Visitor

Apologies: - Kat – LSC Literature Secretary

Aaron – Panel Leader Daubeny House

Approval of last Minutes

December minutes not available

Approval of Chairpersons Report to ASC No ASC in December No report Given

Treasurers opening Balance £345.00

Tea balance ??

Positions Vacant

LSC Vice-Treasurer – 4 years clean time

Panel Leader HMP Lewes – 3 years clean time

Panel Leader Bowerman House- 2 years clean time

Panel Leader Priory Hospital – 2 years clean time

Panel Leader Priory Hospital – 2 years clean time

Panel Leader The Recovery Project – 2 years clean time

Panel Leader Lighthouse – 2 years clean time

Panel Leader CGL Richmond House – 2 years clean time

Panel Leader CGL Richmond House – 2 years clean time

Zoom Tech Support

Nominations:

Jill nominated herself for Panel Leader of Bowerman House. CV provided and questions answered. Peter volunteered to assist, will attend LSC for next 3 months and assist at Bowerman House from April.

Jill voted in as Panel Leader of Bowerman House unanimously.

Reports:

Bowerman House: Rose reported, all going well.

Recovery Project: Liv reported. Going well, discussion about using different formats as 'Ask it Basket' successful in December. Group discussion encouraged using different formats.

Daubeny House: Aaron sent report with apologies. Still running once per month.

Lighthouse: Brian B reported. Meeting on Zoom since covid. Anyone not on detox goes out to meetings, everyone left comes to H&I meeting. Brian spoke to John at venue about returning to f2f, agreed, now every 2 weeks Brian will take in a chair. All positive. Needs an alternate Panel Leader. Steve P asked Brian to share his experience with running Zoom H&I meetings in an offline meeting.

Langford Centre: No report tonight.

Literature: Louise reported. Not much to report, needs to get hold of new meetings lists. Will continue to post things out where she and Kat can. Steve L asked Louise to provide an inventory of what literature is currently held by LSC.

Poster Coordinator: Mark. Nothing to report.

HMP Ford, HMP Lewes, PI Liaison, Priory Burgess Hill, Priory Dorking:

Refer to Chair's Report to ASC 17.01.24 for full update.

AOB

Actions from last month

Inactive members removed from whatsapp: **ACTIONED** <u>Steve L and Steve P added</u> <u>Got 1000 new meetings lists to replace error lists: **ACTIONED Plus we ordered an extra** <u>1000 lists</u></u>

12 concepts & service guidelines: <u>Steve P</u> suggested we request books/get printouts to have these available at LSC for everyone. Louise has already printed and bound 2 copies PI guidelines.

LSC inventory: See below.

Removing LSC guidelines. *Addenda added for clarification*. **Review of LSC guidelines** (Chair's Report to ASC 17.01.24) Proposal: 3-5 members participate in review including chair/VC.

Anna asked what was the history of the guidelines revisions? Steve L replied the version from Nov 2022 (v4) has large holes in it and lots needs to be looked at. Plus he added that the committee was formed back 2017, How is it that we have had to review these guidelines so often?

Voted in, unanimous.

Proposal to hold every 4th LSC meeting in different areas of Sussex. Louise asked if this is cost effective? Steve L responded that we need to broaden our reach and show willingness to extend to other parts of Sussex.

Also proposal to change LSC meeting date to second Tuesday of each month. **Voted in on both counts, unanimous.**

Chair's Report

HMP Ford: Visits have been arranged to meet FORD SMS staff, we will report outcomes at ASC. Further information will then also be available at our next LSC 13th Feb.

HMP Lewes: Visits have been arranged to meet Lewes SMS staff, we will report outcomes at ASC. Further information will then also be available at our next LSC 13th Feb.

Priory Burgess Hill & Dorking: refer to Chair's Report to ASC 17.01.24 Steve asked Brian for his experience running a zoom meeting for an institution. Brian suggested arranging a visit to speak to staff.

Worthing Hospital Ward Rounds: *Addenda for Clarification* There is a real issue that we must seek clarification for. Over the last few days, we have managed, to obtain the phone number and email address for the drug and alcohol worker at Worthing Hospital. We expect to contact this person over the next few days/weeks. We will report any outcomes at next month's LSC. (Hopefully) Steve L will be making contact, with the hospital to arrange an appointment for a future dated face to face contact. This will need being accompanied by another LSC NA member in accordance with our guidelines. Also refer to Chair's Report to ASC 17.01.24.

Homeless Outreach: Opportunity to do homeless outreach has arisen. Steve L to investigate and report back. Also refer to Chair's Report to ASC 17.01.24. For future discussion.

T shirts: We used to have NAT shirts for use in presentations and PI work. Do we want to order some more? Steve L has done some investigation into costings. Refer to Chair's Report to ASC 17.01.24. For future discussion.

Roles of Chair and Vice-Chair: Steve L clarified roles of both. Have been ratified to attend and vote and UK PI and H&I meetings on LSC behalf. Need to have access to all logins. See Chair's Report to ASC 17.01.24.

Training Day Visit from UK PI: Steve L has arranged a training day visit from UK PI to Sussex, hopefully March 2024. More info coming soon.

Closing Balance: £345.00 Treasurers Closing Balance

£345.00

Demonstration for the form and the form and

Request for funds from area £55.00 plus £100.00 monthly increase**

£155.00

Meeting closed with the serenity prayer 7.25pm

Our next LSC meeting will be **Tuesday 13 February 2024 6pm Hove Park School, Nevill Campus, Nevill Road, Hove BN3 7BN Zoom Id - 832 7042 4390**password - 096 544

^{**} Addendum GSR's approved £100.00 per month increase.