



Sussex Area LSC

Committee Meeting Minutes Tuesday September 11, 2018

In Attendance

Steve L (SL) Chair
Marc S (MS) Treasurer
Rupert (RW) Tea person/Minutes Sec.
Neil P (NP) Website Coordinator
Selena C (SC)
Rob F (RF)

Apologies: Natalie S (NS) Female Volunteer Coordinator; Mark K. (MK) Royal Sussex Hospital Secretary; Pete F (PF) Vice Chair, Ronnie (REH) Lighthouse Project Alt. Sec.; Nick S.; Babs, Langford Women's Secretary and 12th Step Coordinator; Shawn T (ST); Brian B (BB) Lighthouse Project Sec.; Gary P (GP); Rachel H (RH) Communication Secretary, Homeless Coordinator; Tony of Littlehampton.

- SL welcomed everyone and opened meeting with moments silence.
- NP read the 12 Concepts of Service.
- Group introduced themselves.
- Minutes of August 14, 2018 LSC meeting approved.

Positions Vacant

Vice Chair; Vice Treasurer; Literature Secretary; Royal Sussex Hospital Secretary Alternate; Poster Coordinator; Panel Leaders (William Collier and Ford Prison) confirmed as positions currently vacant and discussion of roles and clean time requirements unfolded.

Treasurers Report

Cash balance: £189

Tea pot: £9.22

Total fund to be requested at September's ASC meeting is £355 which includes £211 to maintain LSC budget, plus £144 for website development (see "Website" below).

Chairpersons report and new business

Chairpersons report: SL and SC read through.

Website: NP presented "Sussex Website Report to LSC 11/09/18 (www.sussexna.org)" highlighting website near-term development needs and made a request for funds to cover associated cost of £144 (providing an estimate from Shoestring digital agency). NP highlighted this sum should be the last major website cost as following implementation the website could be fairly easily maintained by NP and Paul R with a small maintenance fee thereafter required paid to Shoestring to have back-up available in case of any pear-shapes. Committee agreed unanimously to request from ASC the £144 sum.

HMP Ford: Developments since last LSC discussed including which night ideal to hold a second meeting. Committee agreed Monday nights. NP confirmed his vetting process application was not too bad and is gladly willing to help others with their applications. MS re-expressed his willingness. RF expressed his willingness to get involved with prison service and November earmarked as practical.

Law: RF additionally highlighted his willingness to be of service in legal circles (Law Society for example) tapping personal experience/PI outreach, which was met with enthusiasm by the committee. RF will return to LSC after upcoming travel towards furthering this potential. Committee unanimously agreed.

Langford Centre: The meetings (one men, one women/month) well attended. Some patients undertaking Prison Sponsorship, SL highlighted newly called "Institute Sponsorship" (IS) and shared flyers. SC asked for more information about IS which SL provided.

Lighthouse: REH provided a continuingly positive report.

William Collier House: Not attended for a while. SL intends to reengage with another willing member. Committee unanimously agreed.

Reformed (Eastbourne): Babs provided report about local developments and will update again soon.

Royal Sussex County Hospital: MK provided positive report about developments and requested if he could be covered once a month so he can attend LSC meetings (both happen on Tuesday nights). Idea discussed of Alternate Secretary to rotate with MK, as was also the idea of

changing LSC venue so alternative days for LSC meets can take place (see also **LSC meeting attendance** below). Committee unanimously want to support MK in all this.

12 Step Lists: SL hoping to find out if any progress made by Babs. NP confirmed that because of the recent GDPR regulation the old list of 12 step volunteers had to be erased/deleted and so was. Importance acknowledged therefore to know if Babs is having any progress. Committee unanimously agreed.

Dave P: PI invited to have a stall and leaflets at a Bexhill Celebration of Recovery on September 19th and subsequent discussion of attendance undertook. Committee unanimously agreed.

Substance Misuse in Schools: Background towards bringing H&I/PI presentations into schools, colleges, universities discussed. SC provided significant insight into how this could best be expedited (“approach early in school year to secure opportunity later in school year” for example). SC expressed willingness to be of service towards this goal and will do some preliminary groundwork and come back to October’s LSC meeting with info gathered for the committee to discuss SC’s findings and determine if the project is feasible and also if SC is suitable to coordinate the project. Committee unanimously agreed.

Sussex University: Feedback from SL and PF regarding positive results from last year’s annual substance misuse presentations/lectures for medical students. SL to reengage with SU. Committee unanimously agreed.

Autumn Meetings Lists: New design shared and paper grammage discussed towards getting new lists printed. Committee unanimously agreed.

Literature: UKSO order to be placed. Committee unanimously agreed.

UKH&I Meeting, Pimlico in London, 07/10/18: MS volunteered to attend with SL. Committee unanimously agreed.

LSC Meets outside Brighton (other areas of Sussex): How to make happen was discussed with GSRs being highlighted as good first-point of communication. Committee unanimously agreed.

LSC meeting format: Conscience held. Committee unanimously agreed.

LSC meeting attendance: Various ideas discussed including days/times and type of venue towards improving attendance numbers of LSC committee members at LSC meetings. Discussed and acknowledged that more members needed to attend for quorums etc. Suggested an Informal LSC meeting could take place within the next month at a café or before a meeting like Park Hill on a Saturday. Committee unanimously agreed.

Upcoming travel: Acknowledged SL will be out of the country October 18-30.

SL, MS, RW, SC, RF closed meeting with **Serenity prayer**.

Next LSC meeting

Tuesday, October 09, 2018 @7pm
Friends Meeting House
Ship Street, Brighton, BN1 1AF

Thank you for being of service