

LSC committee meeting Tuesday 14th October at 6pm
Zoom Id - 832 7042 4390 password – 096 544
Hove Park School, Nevill Campus, Nevill Road, Hove BN3 7BN

Agenda/running order

Chairperson: Welcome everyone, Moment of Silence, 12 Concepts. Followed by the 12 traditions.

In attendance:

Visitors:

Round the Room Introductions: -----

Apologies received:

Any other apologies?

Are we quorate?

Approval of last Month's Minutes.

Positions Vacant:

LSC Presentations Co-ordinator 3 years ct: **LSC Vice Presentations Co-ordinator** 2 years ct:

Vice Chairperson 4 years clean ct **LSC Vice Literature Secretary** – 1 year ct

LSC Minutes secretary **LSC Vice Minutes Secretary**--1 years ct

LSC Vice Treasurer -- 3 years clean time

Zoom Tech Support –ideally 2 years clean time (**urgent need**)

Panel Leaders x 2 HMP Lewes - 4 years clean time **Panel Leaders x 2 HMP Ford** 4 years clean time

Co-Panel Leader Lighthouse – 2 years clean time

Are there any nominations please?

Treasurers opening Balance: **£500.00**

Treasurers closing Balance:

Request for Funds:

Our current commitments:

Bowerman House: Sally-Ann reported: We had 6 people in total, so good attendance. As there was no share we shared on why are we here reading and we had a really lovely meeting. A couple of the guys broke down crying which was very moving and actually it turned out to be a great meeting and everyone said they got a lot from it.

Recovery Project: Tyler: Steve L: Kat M: Kat reported: Continues to be a great bit of service. Ther has been good sharing back from clients. The clients often feed back how much they get from the meetings and how they appreciate the fellowships coming into the project. Tyler reported: 4 attended, most shared back and responded well.

Lighthouse Worthing: Brian B/Aaron: Brian reported: Well attended, 10-13 clients. Positive, interested groups with questions asked and identification. Continues to be a useful and supportive service for NA. Aaron reported: Great feedback from clients and staff. Strong message of experience strength and hope from NA members who come along to share.

BRCH: Hospital going ok, most patients are on one ward now so makes it easier regarding time. We have been in talks with the woman from CGL there about any other wards in the new wing we can go to.

Literature:

All literature requests have been fulfilled. Mark has bought 3 lovely new boxes in which to store the literature.

Poster distribution: Lucy to update us.

AOB

Brighton Pride: Discussion on our presence at Brighton Pride on 2nd August.

Shore House: Kat/Rachel H/Nicky did a presentation on Thursday 9th October. Kat reported: We were shown round by Jim who is the activities coordinator. He attended the presentation along with a number of the residents. They listened to myths and realities and two ESH chairs. Several residents asked questions and shared some of their experiences. We felt that the presentation went really well. Jim asked if we would be able to do a drop-in session at the house maybe 1-2 times per month. (Another fellowship already do this), Not a meeting as such, but 2 x NA members sitting in the communal lounge for an hour with literature, being available to talk about NA recovery and answer any questions the residents may have. I said we would discuss it at our next meeting. Jim said they can be somewhat flexible re timings. They have requested a basic text for the House. It would be good to provide some newcomer's packs containing white booklets, leaflets, helpline cards etc. I have also promised to drop off some meetings lists as soon as they are printed. Mark K please can you bring a basic text and 10 newcomer's packs to LSC meeting?

Millview Hospital: Kat to report on progress. Nick McMaster is our new contact.

HMP Lewes: A meeting was held at the Prison on Wednesday 1st October. Steve L to give feedback.

YMCA Portslade: We need to do a risk assessment. Louise to report on progress.

Sussex University: Kat reported: I've just heard from Sussex University that the presentation to medical students will be on 28 November 2-5pm. We will need a minimum of 10 people.

LSC Guidelines: These are now available on the website.

Meeting lists: Kat has sent the updates to the printers. They have emailed over a proof which she will check and tell them to go ahead. Cost will be £80 for 1000 copies plus up to £30 for the time spent making the amendments.

LSC website facilities: Please could we all use these tools.

Next LSC committee meeting Tuesday 11th November 2025 at 6pm
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