

LSC Report to Area on Wednesday 18th February 2026

LSC Committee Meeting held on Tuesday 10th February at 6.00pm at Hove Park School and online.

In attendance in person:

Jill	Chairperson
Steve	Prison Service Co-ordinator/Co-panel leader BHT Recovery Project
Kat	Co-panel leader- BHT Recovery Project
Peter	Co-panel leader – The Lighthouse
Mark	Literature Secretary/Co-panel leader Shore House
Nicky	Co-Panel leader – Shore House

In attendance online:

Tyler	Co-panel leader – BHT Recovery Project
Lucy	Poster co-ordinator
Sally Ann	Panel Leader Bowerman House

Visitors in person: Adam/Ben

Visitors online: Jenna/Samantha/Natalie/Daniel

Apologies: Aaron/Brian/Natalie S/Louise

Positions Vacant

LSC Presentations Co-ordinator 3 years clean time

LSC Vice-Presentations Co-ordinator – 2 years clean time

LSC Vice-Chairperson – 3 years clean time

LSC Vice-Literature Secretary – 1 year clean time

LSC Minutes Secretary – 2 years clean time

LSC Vice Minutes Secretary – 1 year clean time

LSC Vice-Treasurer – 3 years clean time

Panel Leaders x 1 Millview – 4 years clean time

Zoom Tech Support – 2 years clean time

Panel Leaders x 2 HMP Lewes – 4 years clean time

Representatives x 2 – Brighton Royal County Hospital – 4 years clean time

Panel Leader x 1 – The Lighthouse

Tea Person

From end April: Panel Leader/s BHT Recovery Project

The meeting was quorate

Nominations:

Adam would like to take on Zoom tech support, but before he can be nominated he needs to attend 3 x LSC meetings (2 attended to date)

Jenna would like to take on Co-panel Leader at Millview, but before she can be nominated she needs to attend 3 x LSC committee meetings (2 attended to date)

Ben would like to take on Co-panel Leader at the Lighthouse and Presentations Co-ordinator but before he can be nominated he needs to attend 3 x LSC committee meetings (2 attended to date)

Treasurer's Opening Balance: £500

Closing balance: £301.16

Request for funds: £198.84

Current Commitments

Bowerman House: Now twice monthly. Sally Ann reported: We've had our two meetings for this month (January) and both times we've had good attendance; 9 and 7. All clients took part and shared and seem to be enjoying the twice monthly visits. We always have such a lovely friendly meeting.

Recovery Project: (Coming up in positions vacant at the end of April). Kat reported: BHT continues to be well-attended and appreciated by residents. Kat also asked for guidance in dealing with clients who seem to have issues with other clients. We may have to put something specific in the pre-ambles about in-house squabbling in meetings, ie this is not the time or place. We will also allow time at the end of each meeting for anyone to talk privately to us. We have to remember these clients are new to the way NA meetings work and need to be shown how to respect each other.

The Lighthouse: Peter reported: All is going well at The Lighthouse. We've had some great responses to the Spiritual Journey reading. It has prompted people to open up about their anxieties around the concept of a Higher Power. We have been getting excellent feedback and have repeatedly heard people mention that the NA meetings are their favourite of all the groups they attend. We've seen people open up and really engage in the meetings and have very positive responses to the shares.

Royal Sussex County Hospital:

We seem to be back at square one on this. Jill has been in email contact with Emma Sporange at CGL, whose name she was given by another member of NA. Emma knew nothing about NA attendance at the hospital and suggested we take a meeting into the hospital like other fellowships, something we were trying to not do because of past experience. Our aim is to visit patients on the wards, which we found (pre-Covid) to be more effective. Adam has a contact/Emma Stringer who is a nurse in the Alcohol and Drugs Department at Worthing Hospital. He will contact her and pass on any information and contact details to Jill to follow up. It was pointed out we need 'hand-over' times to best plan our future visits.

- Shore House: Mark reported: Next meeting 11th February. We've changed the format from a drop-in to an H&I share meeting and we'll take a member in, who qualifies under all the guidelines, to do a 15 minute share. We will update as we go as it's still difficult because of unmanageable staff.
- HMP Lewes There is a seminar to take place on 27th March in the prison, to which we were invited. We were keen to go until we found out we would be guests of two other fellowships who already have presence there. Steve has his nose to the grindstone to work out our next move. We had arranged to go into the prison on Gate passes but have now been told the prison cannot supply the staff to accompany us.
- Millview Hospital: Jill has been in email contact with Kate who is the OT on Palmeira Ward to talk logistics. She has said they are very much looking to us starting on 17th March and will supply staff to sit outside the room to be on hand in case we need them.
- Literature:** All literature requests have been fulfilled.
- Poster Distribution** Lucy reported: Most main towns now have volunteers who have posters and paperwork to fill in which I'll update on the website as they come back. Rye and Polegate areas still need volunteers to do. I've booked some rural areas over the next few weeks and Jill will find someone to do Hastings area with her.
- AOB**
- HMP Ford: A higher level of security has been introduced, so we are still in negotiations.
- YMCA Portslade: Jill has been trying to get in contact with Ruby Fong on email and by phone with no response yet.
- Phase One Hostel: Jill has been trying to get in contact with Suzanna Shepperd on email and by phone with no response yet.
- The Hove Practice: Jill has spoken to the Receptionist who is passing our email onto the Surgery Manager.
- Meadowfield Natalie has emailed them to ask if we can come and give them a presentation.
- UK H&I Meeting Steve attended the meeting for guidance on the vetting process for going into prisons with NA meetings. It was advised that people with any criminal record at all are not eligible for the vetting process in Category A and Category B Prisons (Lewes is Category B).

The next LSC committee meeting will be held on Tuesday 10th March 2026 at 6pm

Zoom id – 83270424390

Password – 096 544

Hove Park School, Nevill Campus, Nevill Road, Hove BN3 7BN

Please come and get involved.