

LSC Committee Meeting held on Tuesday 14th July 2026 at 6pm online

In attendance in person:

Jill	Chairperson
Kat	
Louise	Treasurer
Adam	Zoom Tech Support
Aaron	Ford Prison Service Co-ordinator/Vice Chairperson/Chairperson from September subject to ratification at Area
Tyler	Co-panel leader BHT Recovery Project
Ash	Vice Presentations Co-ordinator
Natalie S	Co-panel leader Millview
Nicky	Panel leader Shore House
Ruth	Co-panel leader BHT Recovery Project
Lucy	Poster Co-ordinator

Visitors: Georgie/Mark

Apologies: Peter/Jenna/Sally-Ann/Ben/Barry/Mark/Steve

Positions Vacant

LSC Treasurer – 4 years clean time THIS IS NOW VERY URGENT, PLEASE ANNOUNCE IN MEETINGS

LSC Vice-Chairperson (from September) 3-4 years clean time

LSC Vice-Literature Secretary – 1 year clean time

LSC Vice Minutes Secretary – 1 year clean time

LSC Vice-Treasurer – 3 years clean time

Tea Person

Nominations: Ruth was voted in as Co-panel leader BHT Recovery Project

Aaron was voted in as Chairperson from September

Treasurer's Opening Balance: £500

Closing balance: £378.50

Request for funds: £121.50

Current Commitments

Bowerman House:	Sally-Ann reported: We had a really lovely meeting tonight, 5 clients, all shared and were really interested and engaged with our share. We've got quite a new group now and it's wonderful to witness them sharing and participating as they gain confidence.
BHT Recovery Project:	Tyler reported: Good attendance, not everyone ready to share but a fair amount of questions about NA. Great service.
The Lighthouse:	Peter reported: The meetings at The Lighthouse continue to carry the message in a beautiful way. We get an incredible response from the residents and have had many wonderful comments. Ben reported: The Lighthouse meeting continues to be a beautiful bit of service. The residents really like and appreciate us going and they always seem to be incredibly engaged. I have found giving them the option to either share back or just ask questions around recovery is a really helpful way of breaking the ice and giving them a healthy space to feel safe.
Shore House:	Nicky reported: Great meeting with a great message of recovery from the chair. One girl has become a regular and is benefitting greatly from these meetings. She has the desire to stop using and keeps coming back. Only one resident stayed this time but knowing we are there is an oasis of calm for the residents and a lot of meaningful sharing was had. Jim was present as always and he and the residents think it's an excellent idea that we go in fortnightly and believe they will benefit greatly from this.
HMP Lewes	Barry reported: Myself and Aaron attended a recovery day/quarterly forum. It was a very positive morning again, we were well received again, we spoke to a number of inmates in a very relaxed format, the literature donated was well received. I spoke to Rebecca about when we could start a meeting, her response was that as soon as we had 2 or 3 people on the vetting process we could discuss starting a meeting with prison officers present.
Millview Hospital:	The last few weeks have been a bit hit and miss, no clients or 1-2. Paula (our link) doesn't seem to be on the ward anymore and other staff do not seem to be aware we are coming or what NA is! This was discussed and it was decided Natalie will contact Millview and find out if we can make some changes, making the meeting available to any patients who are able to leave their wards and go to a designated room.
Brighton Pride:	2 nd August 2026: Louise reported: 8 members signed up2 more spaces if anyone else would like to join us. Georgie is going to design a flyer. Professionals packs are in hand.
Literature:	All literature requests have been fulfilled.
Poster Distribution:	Lucy reported: All going well. Areas that still need volunteers to cover them are Hailsham and Bexhill Please announce in meetings; 6 months clean time requirement to do a poster run and in pairs.

AOB

HMP Ford Aaron reported: Through attending the recovery day at Lewes Prison last month I met Rebecca who works as the prison and put the day on. She stated that she may have a contact at Ford to contact regarding trying to set up a regular NA meeting again. She asked if I could email her which I have done and am awaiting her response. I have 4 NA members local to Ford who are willing to go through the vetting process to then become co-panel leaders.

CGL Hastings Planning presentations for individuals nearing programme completion (approx 18 week cycle).

YMCA Portslade: We are working towards taking in a regular Saturday meeting.

Meadowfield Will revisit in 6 months.

Turning Tides: Ball in their court.

Chichester LSU: Waiting for psychologist to finalise how then envision the meetings and the best way for us to present to their clients for our safety and theirs.

Sands Bognor: They have approached us to potentially run a meeting on Fridays at 11am on a weekly basis.

The next LSC committee meeting will be held on Tuesday 11th August 2026 at 6pm at The Yews, 55 Boltro Road, Haywards Heath, RH16 1BJ.

Zoom id – 83270424390

Password – 096 544

Please come and get involved.