# Sussex Area Narcotics Anonymous



# Local Service Committee Meeting

Tuesday 10th December 2024 6pm

Zoom Id - 832 7042 4390 password – 096 544 Hove Park School, Nevill Campus, Nevill Road, Hove BN3 7BN

Steve, LSC Chair welcomed us to the meeting.

Moment of Silence to remember the still suffering addict both inside and outside the rooms. Aaron read the 12 Concepts. Jill read the 12 Traditions.

#### In attendance:

Steve - LSC Chair

Jill – LSC Vice-Chair/Panel Leader Bowerman House Kat – LSC Treasurer/Co-Panel Leader Recovery Project.

Lucy - Tea Person

Tyler – LSC Minutes Secretary/Poster Co-Ordinator

Louise –LSC Literature Secretary/LSC Presentation Coordinator

Aaron - Co-Panel Leader Lighthouse

Brian DG

Visitors: Rachel – RCM

Natalie Sally K.

**Apologies:** Paul K – Panel Leader Recovery Project

Ollie - Co-Panel Leader Lighthouse

Emily G

# **Approval of last month's minutes** Last month's minutes proposed, seconded and approved.

### **Fully Quorate**

#### **Nominations**

#### Treasurer's opening balance £500

#### **Positions Vacant**

LSC Vice Literature Secretary – 2 years clean time

LSC Vice Minutes Secretary – 1 year clean time

LSC Vice Presentation Co-ordinator – 2 years clean time

LSC Vice Treasurer – 3 years clean time (to be reviewed in guidelines, suggestion 4 years)

Panel leaders x 2 HMH Prison Ford 4 years clean time

Panel leaders x 2 HMH Prison Lewes 4 years clean time

Zoom Tech Support –ideally 2 years clean time but tech savvy please.

Co-Panel leader Lighthouse - 1 year clean time

Panel Leader Bowerman House - 1 year clean time

## **Service Reports**

**Bowerman House**: Monthly meeting attendance up to 3 the attendees are keen to do the readings.

**Recovery Project:** Enthusiastic group for attendees. Attendance of about 8-10 people some have become active members in NA.

**Daubeney House**: Running Fortnightly.

**Lighthouse**: Enthusiastic attendees and lots of questions asked about NA and many want to join the fellowship once they leave the rehab many already attend outside NA meetings. Aaron hasn't had a lot of luck with cancellations but reports back that it is a useful bit of service.

Literature: All literature sent out as requested.

**LSC Presentation Coordinator**: Louise has had requests for Goldfish bowl meetings asked for some help to coordinate one Kat and Steve will try and help organise it and try and get them polished up before putting them forward to doing one.

Poster Coordinator: Always looking for people to do service to do posters.

## **Business from previous months:**

**Meetings List:** Louise is going to send the rest to Kat for Sarah at ASC.

**LSC Guidelines:** Requested people to read and exchange any comments of the guidelines as they have been working on them and updating them. To discuss one last time before taking them to ASC to be ratified.

**BHT Housing Team:** Steve still has had no contact back. He will go down and do a face to face to find out if they are still interested in doing a meeting. May hold fire on this until we are more coordinated with the Goldfish bowl technique.

**Millview hospital:** Some samples of literature was requested and was sent off to them for senior staff to read up about NA.Cancellations have happened but now they have the literature Steve said about giving them a bit of a prompt to see when the next available to go in and do a presentation in the next couple of months.

#### AOB:

**Travelling LSC –** Steve requested we look into other venues for north of Sussex. Louise voiced about a room to do with CGL in Crawley. Louise will try a contact she has already Steve will send another contact.

**Prisons** - Discussion on Women doing service in Men's Prison. Kat asked if there were any national guidelines on this issue. Kat proposed that Rachel (RCM) finds out if there are any National H&I guidelines for Women doing service in Male Prisons and Men doing service in Female Prisons. Also what we can do to create a topic and discussion in this area and then collate them.

**New Laptop –** Creating a new position to deal with the new laptop or make it part of the Zoom Tech role. A person to keep hold of it, looking after it and deal with it getting insured etc.

**Setting up Whatsapp Community:** Going to put all the LSC related Whatsapp groups into a Community.

Requests for funds: £ 124.48

Closing balance: £ 375.52

Request for funds from Area: £ 124.48

Meeting closed using the Serenity Prayer.

Meeting ended 7pm

Next Meeting: Next LSC committee meeting Tuesday 14th January 2025 6pm.

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