Sussex Area Narcotics Anonymous



Local Service Committee Meeting

Tuesday 10th September 2024 6pm

Zoom Id - 832 7042 4390 password – 096 544 Hove Park School, Nevill Campus, Nevill Road, Hove BN3 7BN

Steve L, LSC Chair welcomed us to the meeting.

Moment of Silence to remember the still suffering addict both inside and outside the rooms. Kat read the 12 Concepts.

Lucy read the 12 Traditions.

In attendance: Steve L – LSC Chair

Kat – LSC Treasurer/Co-Panel Leader Recovery Project.

Lucy - Tea Person

Tyler – Vice Minutes Secretary/Poster Co-Ordinator
Jill – LSC Vice-Chair/Panel Leader Bowerman House

Anna – LSC Minutes Secretary Andy- Panel Leader Daubeny House

Visitors: Ollie

Andrew

Emily G (online)

Apologies: Louise –LSC Literature Secretary/LSC Presentation Coordinator

Aaron – Co-Panel Leader Lighthouse Brian B – Panel Leader Lighthouse

Rachel Brian DG

Paul K – Panel Leader Recovery Project

Approval of last month's minutes

Last month's minutes proposed, seconded and approved.

AOB:

Andrew, visitor from Worthing Hospital meeting ad hoc steering committee, attended in order to make an invitation. Steve L suggested we start off with this item. Andrew explained that their steering committee wants to create a PI training video for hospital staff to help signpost patients to NA. Hospital staff training has been online since covid so video a good way of doing this. The steering committee wants to invite member(s) of the LSC to join steering committee and be involved in producing the video. The proposal met a positive response, Kat suggested that they also contact UKPI. Steve asked, what do you have set up to produce the video? Andrew explained they have resource who will produce video, steering group is to develop content. Jill offered a back-up contact who could also do video production at very low cost if needed. Andrew will email LSC to discuss further.

Nominations

Ollie put himself forward for Panel Leader of Lighthouse, gave NA CV. Steve L asked if he would be available to take part in handover with Aaron and Brian B. Ollie said he can liaise with/shadow both. Steve told Ollie of requirement to first attend 3 LSC meetings in a row before being voted into position. Ollie agreed to this. Kat will add Ollie to LSC WhatsApp group.

Jill put herself forward for LSC Vice-Chair. Asked about length of commitment. Steve clarified that it is 1 year commitment, with no obligation to step up to chair. Jill gave NA CV. Opportunity for questions. Steve provided further information about responsibilities of role, Anna and Tyler asked if she could continue as a panel leader if VC? Answer: Yes. Seconded, voted in unanimously.

Emily expressed interest in taking on a service position, possibly Vice-LSC Presentation Coordinator. Steve L explained requirement to first attend 3 LSC meetings in a row. Emily agreed to this. There was then difficulty with the internet connection, but Emily will be added to WhatsApp.

Treasurer's opening balance £500

Positions Vacant

LSC Vice Literature Secretary – 2 years clean time

LSC Vice Presentation Co-ordinator – 2 years clean time

LSC Vice Treasurer – 3 years clean time (to be reviewed in guidelines, suggestion 4 years) Panel Leader Lighthouse – 2 years clean time

Panel Leader Daubeny House – Alternate (every 2 weeks). 2 years clean time Panel Leader x 2 – Langford Centre Bexhill. 3+years clean time (under question mark whether is viable)

Zoom Tech Support –ideally 2 years clean time but tech savvy please.

Service Reports

Bowerman House: Jill reported (WhatsApp) 5 attendees this month, if it carries on like this we could go back to twice monthly.

Recovery Project: Paul reported (WhatsApp) 8-12 people coming regularly. Some are now NA members and active in NA.

Daubeney House: Andy reported potential clash of timings at evening meeting, difficulty accessing venue meant the last meeting did not happen. Currently taking meeting fortnightly, would like to share commitment with someone.

Lighthouse: Aaron reported (WhatsApp) Meetings running well, project very welcoming, good feedback from clients and good attendance. Brian B also reported: well attended with average 11 clients who ask questions and mostly get involved. Very welcoming atmosphere. Brian will be away for a few forthcoming meetings, Kat and Aaron covering.

Literature: Louise is away. Kat is covering literature, members are asked to see Kat if needed.

LSC Presentation Coordinator: Louise is away, no report this month.

Poster Coordinator: No report this month.

HMP Ford & Lewes: Brian DG reported that unfortunately his vetting appeal was unsuccessful, this means he cannot carry the message in person to the prisons. He is exploring other ways to be of service within the LSC.

Business from previous months:

Brinsbury College Group: Kat reported they have been back in touch. Another presentation is arranged for Monday 30th Sept. 2 people are required, Louise is arranging this.

East Sussex Fire and Rescue: Steve L has been contacted by ESFR community safeguarding coordinator. They are interested in receiving a presentation on 2nd October, also any literature/materials. 2-4 people needed. Discussion of potential formats (myths and realities, ESH etc). Steve to follow up for interested volunteers.

CGL: Have contacted LSC, are interested in providing low cost meeting spaces for rental by fellowships. They would like to meet an LSC member to discuss this. Anna queried why this is LSC business? Steve responded that he is willing to go to see what it is about, it might be a useful connection. Kat added, perhaps an opportunity to provide info to CGL about NA.

Sussex Medical School: Tuesday 12th November: yearly presentation coming up again. Kat explained format of presentation, a very worthwhile opportunity to speak to doctors of the future. Needs 10 people and already has enough volunteers.

LSC Guidelines Revision: Steve and Kat explained the ongoing project to develop and revise LSC Guidelines. These have now reached final draft stage. Anna will circulate, we would like LSC members to provide feedback/comments/questions. Aim is to present to Area for ratification by November/December.

BHT (Brighton Housing Team): have requested another presentation, possibly including a goldfish bowl meeting. Kat explained format of a goldfish bowl meeting. Discussion about open/closed/open on request meetings, and the benefits of professionals attending open meetings, for getting an insight into NA and what meetings are really like.

Requests for funds: £270.62

Closing balance: £229.38

Request for funds from Area: £270.62

Meeting closed using the Serenity Prayer.

Meeting ended 7.10pm

Next Meeting: Next LSC committee meeting Tuesday 9th October 2024 6pm.

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