**NA prompt sheet**

Hello and welcome to ……………….. meeting of Narcotics Anonymous, my name is……………. and I am addict. Can we start the meeting with a few moments silence to remember while and the addict who is yet to make it to these rooms?

Can you please switch off your mobile phone or turn them to silent for the duration of the meeting, this to cut down on disturbance, if you smoke can you please cut down disturbance also pleas pickup any cigarette butts that might be left.

We would like to extend a special welcome to any newcomers and visitors. The only requirement for membership is the desire to stop using; NA is not affiliated with any outside organisations or treatment centres, and recovery is possible in NA meetings.

It is suggested to the newcomers to attend 90 meetings in 90 days and to look for the similarities are not the differences, for the protection of our group as well as the meeting place, we ask that you have no drugs or paraphernalia on your person. If you do have any can you please leave and stash it then return to the meeting as soon as possible, this is a closed meeting for people who identify themselves as addicts.

**The anonymity statement;** This is a safe place to share as long as all present respect the anonymity of the group, gossip is very damaging to our fellowship and to individual members.

If you have used today, please listen to the meeting and share afterwards, either with somebody after the meeting or in newcomers time which is the last 10 min of the meeting.

**Clarity statement**

For the sake of clarity when NA members identified themselves as "alcoholics & addicts" "cross addicted" or” clean and sober" the simplicity of the NA message is blurred. To speak in this way suggests that there are two diseases and that one drug is separate from another, NA makes no distinction between drugs. Our identification as addicts means all drugs are included and that allows us to concentrate on our similarities, and not the differences. This statement is offered in the spirit of unity. We make this request to help provide an atmosphere of recovery in which we can hear the simple, life-saving, messages of narcotics anonymous.

We start the meeting with a few readings can somebody please read who, what, how, why.

The format of this meeting is, ………………………………………………...

(*Open the meeting for sharing from the floor, it is your responsibility to keep an atmosphere of recovery in the meeting. Disturbances or problems should be dealt with in a firm and caring manner. Remember you are not on your own, please keep sharing down to 5 min, call newcomers time at 8,50pm*.)

**Ending sharing** Thank you for those who shared this evening, thank you to everyone for making this a meeting.

Do we have any NA related announcements?

Treasury, literature, GSR report, any other announcements.

Can\_\_\_\_ do the keyrings and medallions to celebrate clean time birthdays.

Can we please have two grateful volunteers to help clean up the kitchen and if everybody else helps put away the chairs thank you.

Can somebody please read just for a today?

I would like to thank all of those that do service at this meeting\_\_\_ Treasury,\_\_\_GSR,\_\_\_literature person,\_\_\_ refreshments Tea/coffee etc.

Can\_\_\_ please help close the meeting with the serenity prayer.