

Region notes for ASC 17th December 2025 taken by Lauren (Vice RCM)

Held on November 9th

13 voting RCMs were present, confirming a quorum.

Administrative Committee Elections

Elections were conducted for various positions.

Regular elections help uphold the principles of rotation in service, which is a key concept in Narcotics Anonymous to prevent burnout and promote shared responsibility

CAR Report:

The regional delegate introduced the **Conference Agenda Report (CAR)**.

Full report available on na.org/conference.

5 notions for CAR

2 IDTs DRT/inclusive language

2 Issue Discussion Topics (IDTs):

Gender-Neutral Language:

This IDT had 5,000 responses over 2.5 years, with a slim majority supporting changes to make language gender-neutral. The World Board is revisiting this topic due to inconclusive results from initial surveys and the complexities of implementing changes across all literature, especially in gendered languages.

Pricing Our Literature:

This IDT discusses the upcoming 15% worldwide increase in literature prices starting in January 2026 due to rising costs in printing, warehousing, and logistics. It also highlights NAWS's efforts to keep literature affordable despite financial challenges, including subsidising literature and exploring alternative funding models.

These topics were discussed during the meeting, and members were encouraged to participate in surveys and provide feedback.

- What does the area think of the questions?

CAR survey – every member can vote on new literature and revised literature. Everyone can vote, as individual NA members and also as groups and as an area. Feedback from this will be down to the GSRs.

IMPORTANT Please everyone go to the the link on the CAR report. The survey can be found in the 2026 conference agenda report at na.org/conference

NO REGIONAL RESPONSE TILL MARCH.

RSC OPEN TO MEMBERS ON 1st APRIL.

What does the ASC want me to do with this? Workshop, etc.

Sam and Neil at workshop for Hampshire - Jan, the link will be available. I will attend.

Literature prices will increase by ~15% worldwide from 1st January 2026 due to increased costs.

NAWS will absorb some costs to keep literature affordable.

Literature is now available online in over 60 languages, with Basic Text audio in 12 languages and an Introductory Guide in English and Spanish.

NAWS is looking to increase contributions via na.org/contribute or Home Group Tradition 7 to sustain operations.

Closing Balance:

Total contributions: £12,468.04

Costs: £9,423.12

Closing balance: £34,920.36

The absence of candidates for some positions resulted in unfilled roles.

CAR Report and Literature Pricing (FOR ASC)

The Conference Agenda Report (CAR) was introduced by the RD, with a summary provided by World Board member Paul.

Literature prices are set to increase by approximately 15% starting January 1, 2026, due to rising costs in printing and logistics.

NAWS has distributed subsidised literature and aims to maintain affordability despite the price increase.

The report highlighted the transition towards online literature availability and the need for increased contributions to support NAWS operations.

Two regional motions were introduced:

A project plan for providing literature on tablets for incarcerated individuals.

A motion to replace local interpreters with AI translation for the World Service Conference, aimed at improving accessibility.

Discussion and Feedback

Various members raised questions regarding the motions, including concerns about survey methodologies and the implications of AI translation.

The RD clarified the process for motion creation and the importance of transparency in survey results.

Feedback on the proposed motions was encouraged, with a focus on ensuring that the fellowship's voice is represented.

Pamphlet Review and RSC Inventory Update

The Chair discussed the review of a Prayer & Meditation leaflet, suggesting circulation for group feedback before final adjustments.

An RCM buddy system is being established, and a CBDM workshop is planned for January 2026.

New Business and Financial Overview

Discussions on the Fellowship Development (FD) bank account and static venue were tabled for the next meeting due to time constraints.

The treasurer reported a closing balance of £34,920.36 after contributions and costs were accounted for.

Feedback from the groups regarding the Prayer & Meditation leaflet is collected through a yes/no response from GSRs at the areas.

The body decided to circulate the pamphlet to groups for feedback, and the final draft will be created by Amanda KANA and Shahram before being distributed to the areas for review.

Feedback can also be sent directly to Shahram for further revision, and a survey may be used to gather additional input.

Attend Comms Committee meetings (last Thursday of every month, 7:30 PM).

Update Area Committee Details: Ensure local Area Committee details are updated on the UKNA website.

Recruit 12-Step Volunteers: Guide others to <http://12.ukna.org/content/guidelines> for recruitment.

Add NA Events: Post both face-to-face and online NA events on <https://events.ukna.org/>.

Update Meeting Lists: Express interest in training for updating meeting lists by emailing the Web Committee or Resource.

Support UKFD: Encourage members to serve as Area Reps and contact fd@ukna.org for FD workshops.

Support UKH&I: Encourage local H&I sub-committees to attend monthly UKH&I meetings. Help recruit secretaries for H&I online meetings in prisons. Provide local H&I/PI contacts to UKH&I/UKPI committees.

Contact MPs: Reach out to local MPs who may sponsor NA at the House of Commons and inform UKPI.

Attend relevant committee meetings: UKFD: 1st Wednesday of every month at 7 PM (Zoom ID: 945 4006 2457, Password: STEPS).

UKH&I: 1st Thursday of every month (Zoom ID: 889 6477 0865, no password).

Prison Sponsorship: 1st Sunday of every month (same Zoom link as UKH&I).

H&I Online: 3rd Thursday of every month (same Zoom link as UKH&I).

For ASCs: Submit Bi-Monthly Reports: Ensure reports are submitted by email to resource@ukna.org before the deadline.

Provide Contact Details: Include PI/H&I/FD contact details in reports.

Contribute Funds: Transfer surplus contributions to NA UK RSC. Use the provided bank details and email treasurer.rsc@ukna.org for reconciliation.

The next Regional Service Committee (RSC) meeting is scheduled for 10th-11th January 2026. It will be held at the Crowne Plaza by IHG Solihull (61 Homer Road, Solihull, B91 3QD, United Kingdom) and will be conducted as a hybrid meeting (both in-person and online).