

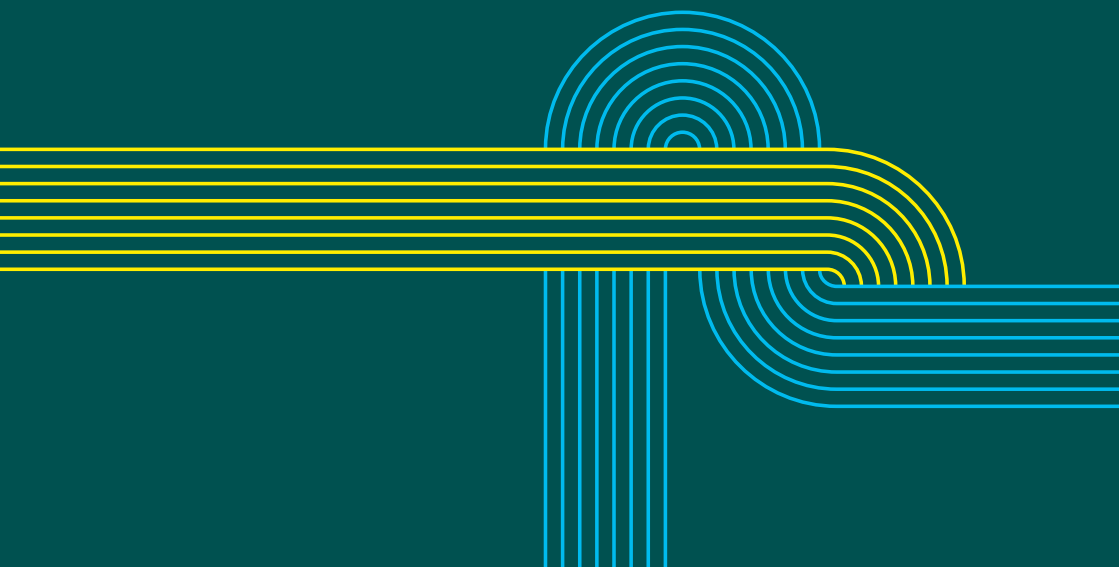
SA  C16



Strength

IN SURRENDER

PROGRAMME



WELCOME TO **STRENGTH IN SURRENDER** THE 16TH ANNUAL SUSSEX AREA CONVENTION OF NARCOTICS ANONYMOUS

CRÈCHE

We have a crèche available for all our members to make use of. It will be open from **11am until 5:30pm on Saturday** and **11am until 2:30pm on Sunday**.

The team are all **DBS approved** and further details are available from them. Alternatively you can ask at the registration desk.

FRIDAY SCHEDULE

ROOM 1

2:30pm Registration opens!

4:00pm Just for today **Shares from Ian T and Jen A**

5:30pm NA Quiz

SATURDAY SCHEDULE

MAIN AUDITORIUM

- Midday** Regardless of...
Shares from Ally S
and Phil S
- 2:30pm** If you want what
we have to offer
Christos T and Kat M
sharing
- 5:30pm** Recovery begins
with surrender
Shares from Vince L
and Hayley F

ROOM 1

- 11:00am** Coming to believe
- 1:30pm** Shame and guilt
- 3:30pm** Restoration to sanity
- 6:30pm** Our defects of
character

SATURDAY HEALING

ROOM 155 FIRST FLOOR

- 11:00am** Om meditation
- 1:00pm** Sound bath
- 2:30pm** Meditation



SUNDAY SCHEDULE

MAIN AUDITORIUM

- Midday** The strength to be honest
Shares from Julian L and Lynette C
- 2:00pm** Raffle
- 3:00pm** Strength in surrender
Our closing share from Martin F

ROOM 1

- 11:00am** The gift of desperation
- 2:00pm** Relapse and recovery

SUNDAY HEALING

ROOM 155 FIRST FLOOR

- 11:00am** Kundalini yoga
- 1.30pm** Reiki